



Canadian Culinary Federation
Fédération Culinaire Canadienne
North Vancouver Island



**February 4, 2008 Monthly Meeting
Malaspina College/Brooks Secondary School
Culinary Arts Department, Powell River**

Attending:

*Vivian Cruise
Kurt Hoegger*

*Lesley Stav
Mark Stewart*

*David Lang
Andrew Johnson*

Chris Hansen

*Sending their regrets for not being able to join us due to illness or family matters:
James Street, Ronald St. Pierre, Sue Smith*

Guests at the 4 course luncheon provided by the Culinary Arts Department for our visit @ \$12.50/person included the owners and a cook from the Alchemists Cafe Francois, chef instructors in the culinary arts program - Mike Austin and Xavier Bauby, the rep from Sysco, and a speaker who showed a video about the Plutonic power company/local First Nation's band/Brooks secondary cooperative which will work with the culinary arts department to hire 30 people to assist in the food services for a 300 person construction camp to be built above Toba Inlet where the river will be diverted to supply the power to generate electricity.

After lunch we spent 3 hours in the Culinary Arts Department where Xavier Bauby gave a workshop on the baking techniques and recipes that he learned in France last year. Austin showed us how to make a bread crocodile for a buffet decoration. We made:

Multigrain Bread

Beer/Rye Bread

Poppy Seed Braided bread

Baguettes with a twist

and Party Bread for a crocodile and a turtle decoration.

We held a mini meeting in the Home Ec Classroom from 4:15 - 4:45PM. Discussion of the Mar. 14th NIC Wine & Hors d'Oeuvres Party and about NIC students assisting with the Seedy Saturday Cafe was held.

Vivian Cruise, Lesley Stav, Kurt Hoegger, Xavier Bauby and Mike Austin were the only ones able to make it to dinner at Manzanita restaurant. The 5 of us had a wonderful meal and look forward to another chance to dine there.

The next location of the NVICA March meeting is yet to be determined.